

National Deaf Children's Sport Association Cross Country Championships

National Deaf Children's Sport Association Cross Country Championships will be held at Markeaton Park in Derby, next to the Royal School for the Deaf on **Wednesday 1st April, starting at 11am – 1.30pm**

There will be 4 competitions:-

Junior Boys Year 6 and below	2,500m
Junior Girls Year 6 and below	2,500m
Senior Girls Year 7-11	2,750m
Senior Boys Year 7-11	3,000m

Rules

Each team may have as many members as they wish with the first 3 to count for the team event.

Medals will be given to the first 3 in each event

There is a cup for the winning team in each event and medals for the counting competitors

The course is not suitable for spikes

The course can be walked from 10.30am onwards

Fees

£5.00 per team or £1.50 for an individual

If you wish to enter could you complete the attached form and send it to Louise White by **Monday 16th March 2009**

Royal School for the Deaf, Derby

National Deaf Children's Cross Country Championships 2009

Application Form

Name of School	
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Teams to be entered

Team	Yes or No	No: in team
Senior girls team/individual		
Senior boys team/individual		
Junior boys team/individual		
Junior girls team/individual		

Signed _____

Name _____

Date _____

Please return to:

**Louise White
PE Department
Royal School for the Deaf
Ashbourne Road
Derby
DE22 3BH**

By: Monday 16th March 2009